



UNIVERSITY HILL SECONDARY

STUDENT BULLETIN

Wednesday, February 2, 2022

THE DAILY

Kids Help Phone

Need help now?

Start a confidential conversation with a real person you can trust.

1-800-668-6868

Text 686868

If you Are Having a Tough Time, Please Reach Out – It is okay to feel anxious or stressed. And it's okay to have tough days. But you need to know that **you are not alone**. So, if you are having a tough time, please reach out - to your friends, to your family, or to resources like **Kids Help Phone** (Call 1.800.668.6868 or go to website: [kidshelpphone.ca](https://www.kidshelpphone.ca)). And together we will get through this.

If you or someone you know needs help immediately, call 911 or the B.C. Crisis Centre at either 310-6789 (no area code required) or 1.800.784.2433 where help is available 24/7. You can alternatively call [Crisis Services Canada](https://www.crisisservices.ca) at 833.456.4566 for help 24/7 or text 45645 from 1 pm to 9 pm in English and French.

FIT Time Schedule Change for This Week



~~Tuesday~~ – Students stay in their Period 1 classes at 9:40 AM

Thursday – Students stay in their Period 3 classes at 1:20 PM

Lion Dance Performance



We are going to have a Lion Dance Performance on Wednesday February 2nd at 11:40am. Please dress warmly and head outside school to watch the performance and celebrate the Chinese New Year.



NOTE: To celebrate Lunar New Year, we will distribute kiwis (Chinese Goose berries) for School Fruit+Veg program today



Peer Tutors - Semester 2

NEW!



Please report to Room 2B4 for your first class for orientation and to find out your placement for Peer Tutoring 12. Thank you, Ms. Heine

UHS Hoodies – Only 7 Left

UPDATED



The office has a limited number of UHILL Hoodies for Sale:

- Dark Grey (5) and Light Grey (2)
- [They are generic hoodies with NO GRAD YEAR IN FRONT and NO PERSONALIZED EMBROIDERY]
- Cost is \$65 (cash only) First to come, first to buy, no holds.
- See Ms. Matsalla in the office between 8:00am – 3:00 pm

Grad HOODIE – There is also one small size Grad 2022 Hoodie (Dark Grey) available, and the cost is \$65.

VSBC Career Programs

UPDATED



Do you know a grade 10, 11, or 12 student considering a career in the **skilled trades, technology, or health care**? Then you need to know more about what VSBC Career Programs has to offer! Grade 10 or 11 students who apply could get a head-start on career training and the school district pays the tuition. That's right, **free tuition** and a chance to get started early on training or an apprenticeship while still graduating on-time.



- [Aircraft Maintenance Engineer](#)
- [Automotive Collision and Refinishing Technician](#)
- [Automotive Service Technician](#)
- [Baking and Pastry Arts](#)
- [Carpentry](#)
- [Cisco and IT Networking](#)
- [Electrical](#)
- [Hairstylist](#)
- [Hamber Fashion Design and Technology](#)
- [Health Care Assistant](#)
- [Heavy Mechanical Trades](#)
- [Killarney Enhanced Trades](#)
- [Metal Fabricator](#)
- [Millwright](#)
- [Motorcycle Mechanic and Power Equipment](#)
- [Painting and Decorating](#)
- [Plumbing](#)
- [Professional Cook 1](#)
- [Trades Sampler BCIT](#)
- [Tupper Tech Explore Trades Sampler](#)



Grade 12 students interested in an apprenticeship in a construction trade could start early, earn credits towards graduation, and start earning a paycheque as early as Semester 2 of this school year. Check out our [recent Instagram post](#) for more information. For more information about what VSB Career Programs has to offer, visit http://bit.ly/cp_tv, or speak to a school counsellor.

Found Small Jewelry, Electronic Items (Reception Desk – Office)



The office has several found items such as: 2 gold rings, gold necklace, 2 silver rings, gold hoop earring, pink bracelet, wallet (with no ID), portable power charger. Please tell the students to come and claim their lost items from reception desk.

School Calendar at a Glance

TODAY	February 2 (Wednesday)	-Lion Dance Performance; Outside School; 11:40 AM Gr 12 Literacy Assessments – AM & PM → CANCELLED	TODAY
	February 3 (Thursday)	Gr 12 Literacy Assessments – AM & PM → CANCELLED	
	February 9 (Wednesday)	-Semester 1 Final Report Cards Published ; MyEd; 3:00 PM	
	February 10 (Thursday)	-Course Selection 2022-2023 Information Session for Students; FIT time -Course Selection 2022-2023 Information Session for Parents; 5:00 PM	
	February 14 (Monday)	MyEd Open for Course Selections	MyEd Open for Course Selections
	February 15 (Tuesday)	- Health & Safety Meeting ; 11:35 AM	
	February 16 (Wednesday)	-Fire Drill; Period 3	
	February 18 (Friday)	- ProD Day (District Wide)	
	February 21 (Monday)	- Family Day : Stat Holiday	
	February 23 (Wednesday)	-Pascal, Cayley, Fermat Math Contests ;Room 1E4; 8:40-9:40 AM	
	February 25 (Friday)	Last Day for Course Selections	Last Day for Course Selections
	Mar 14 (Mon)~Mar 25 (Fri)	- Spring Break	

ATHLETICS

SPRING SPORTS!



I have posted sign-up sheets for all the sports we will be hoping to run for the spring season. This sign-up will give us a sense of the interest level for each sport/grade and whether we have enough people to run tryouts and move the process further to creating a team. If you are interested in any of the following sports and want to sign up/tryout, come to the PE office outside of the gym and sign your name up on the tackboard.

- Badminton (Boys and Girls, All Grades)
- Golf (Boys and Girls, All Grades)
- Rugby (Grade 10-12 Boys)
- Soccer (Girls, All Grades)
- Softball (Girls, All Grades)
- Tennis (Boys and Girls, All Grades)
- Track & Field (Boys and Girls, All Grades)
- Ultimate (Boys and Girls, All Grades)
- Volleyball (Boys, All Grades)

If you have any specific questions regarding spring sports, come see Mr. H in the PE office or email jhodgson@vsb.bc.ca

J. Hodgson

Weight Room Supervision Schedule

	Below are the times that the weight-room will be available. Masks are to be worn at all times indoors and you MUST wipe down equipment after use ~10 persons max capacity via sign-up sheet upon entering				
	Monday	Tuesday	Wednesday	Thursday	Friday
Morning		Zaremba 7:30-8:30am		Zaremba 7:30-8:30am	
Lunch Hour	See supervision Schedule for Gym				
After School	Alves 3:15-4:30pm		Alves 3:15-4:30pm		Alves 3:15-4:30pm

Gym Supervision Schedule 2021/2022



Find the specific teacher that is supervising on the day to use the gym/weight-room/ dance studio, please do not bother teachers that do not have supervision on that day

Tuesday (Grades 8-9)	Wednesday (Grades 10-12)	Thursday (All Grades First 50)
Feb 1 – Buntain	Feb 2 – Tassioulas	Feb 3 – Kuiper
Feb 8 – Buntain	Feb 9 – Tassioulas	Feb 10 - Kuiper